

A Message to Navy Service Leaders...

What is the Post-Deployment Health Reassessment (PDHRA)?

The PDHRA is a process designed to identify the deployment-related health concerns of Sailors during the three- to six-month time period after their return from deployment and facilitate access to care.

The reassessment begins with training for Sailors to assist them in participating in the process, then completion of a questionnaire focused on their deployment experience and any health concerns they may have stemming from that deployment. Sailors will then discuss the questionnaire, and any health concerns they may have, with a healthcare provider.

The PDHRA will be offered to all Sailors who have returned from operational deployment, including all active duty Sailors, National Guard, and Reserve members, as well as those who have separated or retired since their return from deployment.

Why did the Department of Defense create the PDHRA?

Deployment health concerns may not be noticed immediately after deployment. Once a Sailor gets back home and settles back into a home-based routine, they may begin to notice that things are not quite right. Their concerns may be mild, or they may be more troublesome. They may affect just the Sailor, or they could affect the unit as a whole. And, the Sailor may not know the best place to go to find out what to do about it. The PDHRA program brings the opportunity to access care to Sailors after they get back home from deployment.

Who can participate in the PDHRA?

While the initial focus of the program is those Sailors who fall within this three- to six-month time period, the program will be made available to all Sailors who have returned from deployment since September 11, 2001. Sailors who have returned from deployment and are beyond the six-month period will be contacted by their unit or Commander with details regarding their participation in the PDHRA.

What if the deployment ended more than six months ago but a Sailor still wants to participate in the reassessment?

All Sailors who have returned from deployment since September 11, 2001, will have the opportunity to participate in this health reassessment. In most cases, the unit or commander will contact you when you are eligible to participate in the PDHRA. However, if a Sailor feels they are in need of immediate medical advice or attention, they do not have to wait to complete the PDHRA in order to access care. Sailors should contact their healthcare provider directly if any healthcare concerns arise at any time post-deployment.

How do Sailors complete the initial questionnaire?

The reassessment questionnaire will be made available to Sailors for completion once they have reached the three- to six-month post-deployment timeframe. Unit leaders will contact Sailors when they fall within this timeframe. The form, entitled "Post Deployment Health Reassessment Program" (DD Form 2900), is available for review at www.pdhealth.mil.





The Post-Deployment Health Reassessment

Safeguarding the health of those who protect us

What happens after the Sailors complete the questionnaire?

A primary care provider will review the Sailor's concerns with them and discuss any deployment-related health questions they may have. If needed, the healthcare provider will refer them for further treatment or to additional community-based resources.

How is this program being implemented?

The PDHRA is being implemented on an installation-by-installation basis. The program will be rolled out in a phased method across military services and installations as Sailors return from deployment and enter the three- to six-month reassessment window.

The PDHRA is a commander's program. Commanders are charged with ensuring that service members are provided this opportunity and are encouraged to fully participate in this program.

Where can I get more information on the PDHRA program and deployment health?

If you have questions about the PDHRA program, information is available at <https://fhp.osd.mil/pdhrainfo> or by calling the Deployment Health Help Line at 1-800-497-6261.

